

| COURSE A 3.26km |                   |     |            |
|-----------------|-------------------|-----|------------|
| 1               | Ben Mitchell      | M20 | SBOC 18.08 |
| 2               | David Currie      | M35 | SOC 19.18  |
| 3               | Matthew Elkington | M18 | OD 19.33   |
| 4               | Sam Mitchell      | M18 | SBOC 20.57 |
| 5               | Charlie Jenkins   | M18 | SBOC 21.38 |
| 6               | Tim Morgan        | M18 | SOC 22.58  |
| 7               | Stephen Reynolds  | M18 | SBOC 23.06 |
| 8               | Patrick Jones     | M18 | SBOC 25.16 |
| 9               | Piotr Czaban      | M20 | OUOC 27.24 |
| 10              | Nicholas Moran    | M18 | SOC 33.18  |

| COURSE A1 3.28km |                   |     |            |
|------------------|-------------------|-----|------------|
| 1                | Ben Mitchell      | M20 | SBOC 18.23 |
| 2                | Matthew Elkington | M18 | OD 18.24   |
| 3                | Stephen Reynolds  | M18 | SBOC 19.06 |
| 4                | David Currie      | M35 | SOC 19.28  |
| 5                | Patrick Jones     | M18 | SBOC 20.33 |
| 6                | Sam Mitchell      | M18 | SBOC 20.50 |
| 7                | Tim Morgan        | M18 | SOC 22.33  |
| 8                | Charlie Jenkins   | M18 | SBOC 22.44 |
| 9                | Piotr Czaban      | M20 | OUOC 23.24 |
| 10               | Nicholas Moran    | M18 | SOC 34.01  |

| COURSE B 3.05km |                 |     |                 |
|-----------------|-----------------|-----|-----------------|
| 1               | Andy Hogg       | M40 | Parawanga 19.24 |
| 2               | Richard Barratt | M40 | SBOC 20.52      |
| 3               | Scott Bailey    | M40 | BOK 22.57       |
| 4               | Simon Bevan     | M45 | SOC 25.01       |
| 5               | Nick Silk       | M45 | SWOC 25.11      |
| 6               | Matthew Lawson  | M45 | NGOC 26.25      |
| 7               | Fraser Stephens | M45 | SPLIT 28.01     |
| 8               | Matthew Ellis   | M45 | SOC 28.41       |

| COURSE B1 3.09km |                 |     |                 |
|------------------|-----------------|-----|-----------------|
| 1                | Richard Barratt | M40 | SBOC 20.35      |
| 2                | Andy Hogg       | M40 | Parawanga 24.22 |
| 3                | Nick Silk       | M45 | SWOC 27.14      |
| 4                | Simon Bevan     | M45 | SOC 29.49       |
| 5                | Scott Bailey    | M40 | BOK 29.57       |
| 6                | Fraser Stephens | M45 | SPLIT 30.14     |
| 7                | Matthew Ellis   | M45 | SOC 34.02       |
| 8                | Matthew Lawson  | M45 | NGOC 34.40      |

| COURSE C 2.86km |                      |     |            |
|-----------------|----------------------|-----|------------|
| 1               | Clive Hallett        | M50 | BOK 16.56  |
| 2               | Michael Hallett      | M16 | BOK 19.28  |
| 3               | William Reynolds     | M16 | SBOC 19.35 |
| 4               | Joe Thomas           | M16 | POW 22.17  |
| 5               | Jes Dickin           | M50 | SOC 23.41  |
| 6               | Mark Saunders        | M50 | BOK 23.42  |
| 7               | Callum Carter-Davies | M16 | POW 24.26  |
| 8               | Alex Bett            | M16 | SN 24.46   |
| 9               | Niall Reynolds       | M50 | SBOC 25.47 |
| 10              | Kitty Bray           | W21 | SN 25.59   |
| 11              | Duncan Innes         | M50 | BOK 28.00  |
| 12              | James Ian Hayward    | M50 | BOK 30.44  |
| 13              | Seren Berry          | W21 | IND 37.43  |

| COURSE C1 2.90km |                      |     |            |
|------------------|----------------------|-----|------------|
| 1                | Clive Hallett        | M50 | BOK 16.09  |
| 2                | William Reynolds     | M16 | SBOC 19.58 |
| 3                | Mark Saunders        | M50 | BOK 20.02  |
| 4                | Michael Hallett      | M16 | BOK 20.49  |
| 5                | Niall Reynolds       | M50 | SBOC 21.22 |
| 6                | Jes Dickin           | M50 | SOC 21.30  |
| 7                | James Ian Hayward    | M50 | BOK 22.31  |
| 8                | Duncan Innes         | M50 | BOK 25.49  |
| 9                | Kitty Bray           | W21 | SN 26.06   |
| 10               | Joe Thomas           | M16 | POW 26.11  |
| 11               | Alex Bett            | M16 | SN 28.04   |
| 12               | Callum Carter-Davies | M16 | POW 31.04  |
| 13               | Seren Berry          | W21 | IND DNF    |

| COURSE D 2.62km |                     |     |                 |
|-----------------|---------------------|-----|-----------------|
| 1               | Katie Reynolds      | W20 | SBOC 15.56      |
| 2               | Megan Carter-Davies | W18 | POW 16.11       |
| 3               | Tamsin Moran        | W20 | SOC 18.11       |
| 4               | Barry Elkington     | M55 | OD 19.09        |
| 5               | Christine Currie    | W35 | SOC 19.42       |
| 6               | Ian Moran           | M55 | SOC 20.30       |
| 7               | Carys Morgan        | W35 | SLOW 21.40      |
| 8               | Steve Jones         | M55 | SBOC 21.58      |
| 9               | Natalie Smith       | W35 | Parawanga 22.30 |
| 10              | Christine Farr      | W35 | SWOC 23.50      |
| 11              | Bruce Bryant        | M55 | OD 23.55        |
| 12              | David Mitchell      | M55 | SBOC 24.54      |
| 13              | Kevin Bracher       | M55 | SOC 26.22       |
| 14              | Mike Bray           | M55 | SN 26.57        |
| 15              | Florence Haines     | W20 | AIRE MP         |

| COURSE D1 2.60km |                     |     |                 |
|------------------|---------------------|-----|-----------------|
| 1                | Megan Carter-Davies | W18 | POW 16.05       |
| 2                | Katie Reynolds      | W20 | SBOC 17.51      |
| 3                | Florence Haines     | W20 | AIRE 19.00      |
| 4                | Tamsin Moran        | W20 | SOC 19.03       |
| 5                | Barry Elkington     | M55 | OD 19.11        |
| 6                | Kevin Bracher       | M55 | SOC 21.00       |
| 7                | Christine Currie    | W35 | SOC 21.43       |
| 8                | Christine Farr      | W35 | SWOC 21.56      |
| 9                | Bruce Bryant        | M55 | OD 22.08        |
| 10               | Steve Jones         | M55 | SBOC 22.13      |
| 11               | Natalie Smith       | W35 | Parawanga 22.16 |
| 12               | Carys Morgan        | W35 | SLOW 24.05      |
| 13               | David Mitchell      | M55 | SBOC 24.13      |
| 14               | Ian Moran           | M55 | SOC 26.11       |
| 15               | Mike Bray           | M55 | SN 28.56        |

| COURSE E 2.56km |                 |     |             |
|-----------------|-----------------|-----|-------------|
| 1               | Mike Smithard   | M60 | DEE 21.52   |
| 2               | Sue Bett        | W45 | SN 22.21    |
| 3               | Mike Kay        | M60 | POW 22.58   |
| 4               | Gerry Ashton    | M60 | NGOC 23.19  |
| 5               | Katie Blackford | W16 | BADO 24.12  |
| 6               | Allan Darwell   | M60 | BOK 24.27   |
| 7               | Lisa James      | W45 | SOC 24.56   |
| 8               | Vanessa Lawson  | W40 | NGOC 25.34  |
| 9               | Annemieke Silk  | W45 | SWOC 25.35  |
| 10              | Liz Phillips    | W45 | OD 26.24    |
| 11              | Eunice Carter   | W45 | POW 26.49   |
| 12              | Megan Bett      | W16 | SN 28.01    |
| 13              | Jenn Hudd       | W45 | BOK 31.46   |
| 14              | Jenny Dickin    | W16 | SOC 31.59   |
| 15              | Abigail Bateman | W16 | SN 37.30    |
| 16              | Kate Stephens   | W40 | SPLIT 38.58 |

| COURSE E1 2.42km |                 |     |             |
|------------------|-----------------|-----|-------------|
| 1                | Mike Smithard   | M60 | DEE 20.21   |
| 2                | Vanessa Lawson  | W40 | NGOC 21.17  |
| 3                | Katie Blackford | W16 | BADO 21.35  |
| 4                | Sue Bett        | W45 | SN 22.05    |
| 5                | Annemieke Silk  | W45 | SWOC 22.37  |
| 6                | Liz Phillips    | W45 | OD 23.52    |
| 7                | Lisa James      | W45 | SOC 24.45   |
| 8                | Mike Kay        | M60 | POW 25.09   |
| 9                | Eunice Carter   | W45 | POW 26.36   |
| 10               | Jenn Hudd       | W45 | BOK 26.43   |
| 11               | Megan Bett      | W16 | SN 27.10    |
| 12               | Jenny Dickin    | W16 | SOC 28.03   |
| 13               | Abigail Bateman | W16 | SN 31.00    |
| 14               | Allan Darwell   | M60 | BOK 31.01   |
| 15               | Kate Stephens   | W40 | SPLIT 31.59 |
| 16               | Gerry Ashton    | M60 | NGOC 41.28  |

| COURSE F 2.18km |                   |     |            |
|-----------------|-------------------|-----|------------|
| 1               | Alice Bedwell     | W50 | BOK 19.06  |
| 2               | Jackie Hallett    | W55 | BOK 19.32  |
| 3               | David Palmer      | M65 | BOK 19.42  |
| 4               | Margaret Reynolds | W50 | SBOC 20.53 |
| 5               | Jane Morgan       | W50 | SOC 22.10  |
| 6               | Pauline Smithard  | W55 | DEE 24.34  |
| 7               | Robert Griffiths  | M65 | POW 24.51  |
| 8               | Jenny Bray        | W55 | SN 26.48   |
| 9               | David Urch        | M65 | BOK 27.58  |
| 10              | Caroline Moran    | W50 | SOC 29.25  |

| COURSE F1 2.21km |                   |     |            |
|------------------|-------------------|-----|------------|
| 1                | Jane Morgan       | W50 | SOC 18.40  |
| 2                | Jackie Hallett    | W55 | BOK 19.03  |
| 3                | Caroline Moran    | W50 | SOC 19.38  |
| 4                | David Palmer      | M65 | BOK 19.56  |
| 5                | Alice Bedwell     | W50 | BOK 20.02  |
| 6                | Robert Griffiths  | M65 | POW 24.30  |
| 7                | Pauline Smithard  | W55 | DEE 26.41  |
| 8                | Jenny Bray        | W55 | SN 26.51   |
| 9                | Margaret Reynolds | W50 | SBOC 30.07 |
| 10               | David Urch        | M65 | BOK 41.32  |

| COURSE G 1.96km |                 |     |            |
|-----------------|-----------------|-----|------------|
| 1               | Robin Walker    | M75 | BOK 26.49  |
| 2               | Tony Noot       | M75 | BOK 28.55  |
| 3               | Clare Fletcher  | W70 | BOK 29.15  |
| 4               | Sue Ashton      | W60 | NGOC 30.16 |
| 5               | Anne Palmer     | W60 | BOK 32.28  |
| 6               | Alun Morgan     | M70 | SWOC 36.11 |
| 7               | Patricia Walker | W70 | BOK 55.23  |

| COURSE G1 2.00km |                 |     |            |
|------------------|-----------------|-----|------------|
| 1                | Tony Noot       | M75 | BOK 23.44  |
| 2                | Clare Fletcher  | W70 | BOK 26.49  |
| 3                | Anne Palmer     | W60 | BOK 31.13  |
| 4                | Robin Walker    | M75 | BOK 34.48  |
| 5                | Sue Ashton      | W60 | NGOC 42.30 |
| 6                | Patricia Walker | W70 | BOK 54.49  |
| 7                | Alun Morgan     | M70 | SWOC DNF   |

| COURSE H 2.40km |               |     |           |
|-----------------|---------------|-----|-----------|
| 1               | Zac Hudd      | M14 | BOK 17.57 |
| 2               | Michael Ellis | M14 | SOC 26.42 |

| COURSE H1 2.41km |               |     |           |
|------------------|---------------|-----|-----------|
| 1                | Zac Hudd      | M14 | BOK 21.50 |
| 2                | Michael Ellis | M14 | SOC 23.16 |

| COURSE I 2.28km |                  |     |            |
|-----------------|------------------|-----|------------|
| 1               | Joe Hudd         | M10 | BOK 17.02  |
| 2               | Quinlan Silk     | M12 | SWOC 20.05 |
| 2               | Thomas Howell    | M12 | SN 20.05   |
| 4               | Jasmine Silk     | W12 | SWOC 30.12 |
| 5               | Jim Bailey       | M10 | BOK 30.21  |
| 6               | Nicholas Barratt | M10 | SBOC 37.24 |

| COURSE I1 2.33km |                  |     |            |
|------------------|------------------|-----|------------|
| 1                | Joe Hudd         | M10 | BOK 17.04  |
| 2                | Jim Bailey       | M10 | BOK 17.11  |
| 3                | Thomas Howell    | M12 | SN 18.27   |
| 4                | Quinlan Silk     | M12 | SWOC 19.42 |
| 5                | Nicholas Barratt | M10 | SBOC 27.39 |
| 6                | Jasmine Silk     | W12 | SWOC 50.03 |